



THE TARMAC CAFE | TASTIER CARIBBEAN FLAVORS, HERE AND IN FLIGHT

BREAKFAST & LUNCH MENU

BREAKFAST MENU



	EC\$	US\$
TOAST served with 2 EGGS (fried or scramble), Bacon, Lettuce Tomatoes and CHEESE	27.00	10.00
TOAST served with OMELETTE, HAM and CHEESE	27.00	10.00
QUICHE LORRAINE	18.90	7.00
HAM and CHEESE CROISSANT	13.50	5.00
DANISH	9.45	3.50
DONUTS	6.75	2.50
CINNAMON ROLLS	6.75	2.50
BANANA BREAD	9.45	3.50
BLUEBERRY MUFFIN	9.45	3.50
BANANA NUT MUFFIN	9.45	3.50
COCONUT CAKE	9.45	3.50

HOT DRINKS



TEA – regular or herbal	5.40	2.00
COFFEE – regular	5.40	2.00
COFFEE LOCAL – fresh St. Lucian brew	8.10	3.00
CAFÉ' AU LAIT – fresh brew with milk	9.45	3.50
CAFÉ' LATTE – 2/3 skimmed milk and 1/3 coffee	9.45	3.50
HOT CHOCOLATE – finest cocoa with hot milk	9.45	3.50

TARMAC'S SIGNATURE DISHES



TARMAC FULL HOUSE NACHOS	27.00	10.00
(Chile Corn Carne, Sharp Cheddar, Guacamole, Olives and diced Pineapple)		
WEST INDIAN CHICKEN ROTI	27.00	10.00
ST. LUCIAN CHICKEN DELIGHT	27.00	10.00
served with WHITE RICE		

FRUITS

BANANAS	2.70	1.00
FRUIT IN SEASON	5.40	2.00
FRUIT PLATE	18.90	7.00

SANDWICHES



HAM and CHEESE	18.90	7.00
TURKEY and CHEESE	18.90	7.00
TUNA	18.90	7.00
CLUB	18.90	7.00
GRILLED CHEESE	13.50	5.00
GRILLED CHICKEN	18.90	7.00
FISH FILLET	21.60	8.00
BLT-bacon, lettuce, tomato	16.20	6.00
GM&C (Guacamole, bacon & cheese	22.95	8.50
On Sliced Toasted bread)		
GOURMET HOT DOGS (Italian/Bratwurst sausages	27.00	10.00
Slit in half on light toasted pesto baguette, Sprinkle with parmesan cheese)		

WRAPS



	EC\$	US\$
CHICKEN	21.60	8.00
TURKEY	21.60	8.00
HAM and CHEESE	21.60	8.00
EGG and CHEESE	21.60	8.00
TUNA	21.60	8.00
VEGETABLE	18.90	7.00

SALADS



CHICKEN CAESAR	27.00	10.00
TURKEY CAESAR	27.00	10.00
PLAIN CAESAR	21.60	8.00
GREEK	21.60	8.00
TUNA	27.00	10.00
TROPICAL	24.30	9.00

SUBS



HAM and CHEESE	27.00	10.00
TURKEY and CHEESE	27.00	10.00

DESERTS



ASSORTED MUFFINS	8.10	3.00
BANANA BREAD	8.10	3.00
COCONUT CAKE	8.10	3.00

LUCIAN DELIGHTS



TURNOVER – coconut rolls	8.10	3.00
LA BAR BAD – crunchy coconut biscuit	5.40	2.00
TAMARIND BALLS –		
Spiced tamarind with sugar	5.40	2.00
Local Almond drops	5.40	2.00
Coconut drops	5.40	2.00

PIZZAS



ADDITIONAL TOPPING UPON REQUEST

PLAIN CHEESE	(Slice)	9.45	3.50
	(Small)	21.60	8.00
	(Medium)	37.80	14.00
	(Large)	48.60	18.00
HAM	(Slice)	9.45	3.50
	(Small)	27.00	10.00
	(Medium)	43.20	16.00
	(Large)	54.00	20.00
PEPPERONI	(Slice)	9.45	3.50
	(Small)	27.00	10.00
	(Medium)	43.20	16.00
	(Large)	54.00	20.00
VEGETARIAN	(Slice)	9.45	3.50
	(Small)	27.00	10.00
	(Medium)	37.80	14.00
	(Large)	54.00	20.00



TASTIER CARIBBEAN FLAVORS, HERE AND IN FLIGHT

BREAKFAST & LUNCH MENU

HAMBURGERS



	EC\$	US\$
CHICKEN BURGER.....	21.60	8.00
TURKEY BURGERS.....	21.60	8.00
CHEESE BURGER.....	18.90	7.00
FISH BURGER.....	24.30	9.00
VEGGIE BURGERS.....	16.20	6.00
OLD FASHION BURGER.....	17.55	6.50

BASKETS /SIDE ORDERS



CHICKEN FINGERS/CRISPY FRIES and coleslaw.....	21.60	8.00
CRISPY CHICKEN WINGS/CRISPY FRIES.....	24.30	9.00
and Coleslaw		
FISH FINGERS/CRISPY FRIES and coleslaw.....	29.70	11.00
DEEP FRIED COCONUT SHRIMP/CRISPY FRIES.....	43.20	16.00
and Coleslaw		
SWEET POTATO FRIES.....	16.20	6.00
CRISPY FRIES.....	13.50	5.00
ONION RINGS.....	18.90	7.00
CAJUN SPICED POTATO WEDGES.....	22.95	8.50
with dill Dipping sauce		
DHAL: light home-made pastry filled with peas.....	8.10	3.00

SMOOTHIES



LOCAL FRUITS AND VEGETABLES IN SEASON with the energizing and nutrition packed COCONUT WATER AND FLAX SEED

BANANA/MANGO.....	16.20	6.00
BANANA/GUAVA.....	16.20	6.00
MANGO/GUAVA.....	16.20	6.00
PINEAPPLE/COCONUT.....	16.20	6.00
BANANA/ORANGE.....	16.20	6.00

LOCAL JUICES



MADE WITH FRUITS IN SEASON	12.15	4.50
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ASSORTED LOCAL BREW



PITON BEER.....	12.15	4.50
HEINEKEN BEER.....	12.15	4.50
RED STRIPE BEER.....	12.15	4.50
BRIGHT BEER.....	10.80	4.00
PITON SHANDY.....	8.10	3.00
DRAFT BEER	12.15	4.50
GUINNESS.....	13.50	5.00
STRONGBOW.....	16.20	6.00
DESPERADO - large	16.20	6.00
DESPERADO - small.....	13.50	5.00
TING.....	8.10	3.00
LLB.....	8.10	3.00
GATORADE.....	13.50	5.00
MONSTER.....	13.50	5.00
DIET DRINKS: COKE, SPRITE.....	8.10	3.00
MOUNTAIN DEW/ DR. PEPPER/ PEPSI.....	8.10	3.00
COKE/SPRITE/A&W ROOT BEER.....	8.10	3.00
MAUBY.....	8.10	3.00
PROSECCO.....	18.90	7.00
MINI RUMS.....	8.10	3.00
GINGER BEER (ALCHOLIC)	16.20	6.00
SUNNY D.....	8.10	3.00
OCEAN SPRAY.....	8.10	3.00

WATER



	EC\$	US\$
SODA/TONIC/STILL/.....	5.40	2.00
STILL WATER (650 ml).....	10.80	4.00
STILL WATER (350 ml).....	5.40	2.00
CRAN WATER (650 ml).....	5.40	2.00
PERRIER.....	13.50	5.00

CANNED JUICES



ORANGE.....	8.10	3.00
PINEAPPLE.....	8.10	3.00
CRANBERRY.....	8.10	3.00
TOMATO.....	10.80	4.00

WINES



SUTTER HOME - Chardonnay.....	18.90	7.00
SUTTER HOME - White Zinfandel.....	18.90	7.00
SUTTER HOME - Merlot.....	18.90	7.00
SUTTER HOME - Cabernet Sauvignon.....	18.90	7.00
J.P. CHENET.....	18.90	7.00
VENDANGE White Zinfandel.....	18.90	7.00
VENDANGE - Merlot.....	18.90	7.00

COCKTAILS



Bloody Mary:	21.60	8.00
Tomato juice, Vodka, Salt, black pepper, Worcestershire sauce, Lemon juice		
Sea breeze:	18.90	7.00
Vodka, Grapefruit juice, Cranberry juice		
Coconut punch:.....	18.90	7.00
Coconut rum, Orange juice, Pineapple juice, Ginger ale, Grenadine syrup		
Rum punch:	21.60	8.00
White rum, Spiced rum, Orange juice, Pineapple juice, Bitters, Grenadine syrup		
Cedar wood:.....	18.90	7.00
Vodka, Cranberry juice, Ginger ale, Lemon juice		
Pain killer:	21.60	8.00
El Dorado rum, Coconut rum, Pineapple juice, Orange juice, Coconut cream		
Barbie girl:.....	21.60	8.00
Malibu coconut rum, Vodka, orange juice, Cranberry juice, Pineapple juice, Grenadine syrup		
Black Russian: Vodka, Kahlua vodka.....	18.90	7.00
White Russian:.....	21.60	8.00
Vodka, Kahlua, Light cream		
Jasmine:.....	18.90	7.00
Gin, Campari, Cointreau/triple sec, Lemon juice		
Margarita:.....	21.60	8.00
Lime juice, Cointreau/triple sec, Tequila, Salt (opt)		
Tequila sunrise:.....	18.90	7.00
Tequila, Orange juice, Grenadine syrup		
Sex on the beach:.....	18.90	7.00
Vodka, Peach schnapps, Pineapple, Cranberry juice		
Bay Breeze:.....	18.90	7.00
Malibu, Pineapple juice, Cranberry juice		
B.B.C:.....	21.60	8.00
Baileys, Banana cream, Coconut cream		
Tropical Orgasm:.....	21.60	8.00
Vodka, Spiced rum, Lemon juice, Strawberry daiquiri		